

Community R-6 High School Cheerleading Constitution

ARTICLE I – PURPOSE

The purpose of the Community R-6 High School Cheerleading Program is to promote and uphold school spirit, to stimulate good sportsmanship, to encourage leadership and to support the athletic program of Community R-6 High School.

ARTICLE II – ELIGIBILITY

1. CITIZENSHIP – In order to represent CR6 High School as a cheerleader, you must be a credible citizen. Credible citizens are those students whose conduct both in and out of school will not reflect discredit upon themselves or their school.
2. The credit requirement for high school eligibility requires that a student must currently be enrolled in and regularly attending classes that offer a minimum of 2.5 units of credit and must have earned a minimum of 2.5 credits the preceding semester.
3. A student must be making satisfactory progress toward graduation as determined by local school policies.
4. A student must have maintained a C-average at each grading period. Any cheerleader not meeting this average will be evaluated by coaches, and placed on grade probation until that grade has been brought up to satisfactory.
5. A cheerleader's performance: attitude, ability and current status; may also affect her eligibility for participation in any given cheer activity.

ARTICLE III – RESPONSIBILITIES

1. Cheerleaders shall cheer at scheduled basketball events.
2. Cheerleaders shall act as representatives of the student body at all athletic contests and realize that they are responsible for helping in crowd control.
3. Cheerleaders shall appear spirited, well groomed, and shall be willing to give assistance in any situation that might arise.

4. Cheerleaders shall select and create cheers that are socially acceptable.
5. Cheerleaders shall be model guests at away games and competitions.
6. Cheerleaders shall challenge the crowd to follow them in situations where sportsmanship-like conduct might be needed.
7. Cheerleaders are responsible for all pep assemblies.

ARTICLE IV – UNIFORMS

1. Cheerleading uniforms will be provided by CR6 High School.
2. Cheerleaders will purchase their own socks, shoes, bodysuits and bloomers (briefs).
3. Cheerleaders will wear uniforms at designated times, such as game days and assembly performances.
4. Cheerleaders may NOT wear any part of their uniform (school issued or personally purchased) unless they are actively representing the school or participating in a given activity.
5. Uniforms should be neat and kept clean.
6. Uniforms may NOT be altered in any way, unless deemed necessary by the coaches.
7. Personal grooming is to be neat and appropriate:
 - a. only clear nail polish will be allowed
 - b. absolutely no FAKE fingernails
 - c. nails must follow MSHSAA regulations (not visible over finger tips)
 - d. no jewelry of any kind on or in any part of the body
 - e. no glitter make-up allowed
 - f. hair is to be worn neatly and off the shoulders
 - g. uniforms will be returned to the school at the end of the season dry-cleaned and ready to store
 - h. Special dress may be acceptable for Homecoming week or other designated school days

ARTICLE V – DISCIPLINE

1. Discipline violations determined to be minor in nature (i.e. detention):

3 minor offenses	1 game suspension
6 minor offenses	3 game suspension
9 minor offenses	dismissal from the team

2. Disciplinary violations determined to be major in nature (i.e. in-school or out-of-school suspension):

1 st offense	1 game suspension
2 nd offense	3 game suspension
3 rd offense	dismissal from the team

3. Unsportsman-like conduct during practice or games (consequences may vary in nature; all offenses are left to coaches' discretion):

1 st offense	possible game suspension
2 nd offense	possible multiple game suspension
3 rd offense	possible team dismissal

4. Use or possession of alcohol or tobacco products or arrest for other misdemeanor violations:

1 st offense	3 game suspension
2 nd offense	dismissal from the team

5. Use or possession of illegal drugs or arrest for a felony violation: Each case will be reviewed on an individual basis by the coaching staff, administration and the board of education.

ARTICLE VI – ATTENDANCE

1. Cheerleaders must be in school a minimum of FOUR class periods on the day of a game or will not be allowed to cheer at that game unless the absence is with coach/administration approval or due to a school-sponsored activity.
2. Cheerleaders will attend all home games as scheduled and all away games for which transportation is provided. **IMPORTANT:** A parent/guardian who wishes to transport his/her child from an away event must be present at the event and sign the release form in the presence of the coach. There will be no exceptions.
3. Excused Absences:
 - a. Illness
 - b. Death in the family
 - c. Family emergency – this does not include babysitting, going out of town during a scheduled event, etc...
 - d. Doctor's appointments will be excused only with a signed note from the doctor
4. Coaches must be notified of excused absences prior to the event. A written note or phone call from the parent/guardian is acceptable.

5. Work will NOT be considered an excused absence from any regularly scheduled cheer activity.

ARTICLE VII – PRACTICES

1. The coaches as deemed necessary may schedule special practices. Failure to attend practice may result in suspension from participation due to lack of preparation.
2. Cheerleaders are required to attend and to be on time to all practices, games, and activities unless excused by the coach.
3. No outside activities, participation in athletics or extra-curricular activities are to interfere with practices. (Arrangements will be made to accommodate girls who participate in basketball as well as cheerleading)
4. Cheerleaders must wear proper attire for all practices: shorts, cheer shoes and T-shirts.

ARTICLE VIII – GAMES

1. Cheerleaders will be at games and ready to warm up 30 minutes prior to game time, unless otherwise specified by the coaches.
2. Cheerleaders will not leave the court except at halftime unless excused by the coach.
3. Cheerleaders are to be on the sideline when the team is warming up.
4. Cheerleaders are to check in with the coach with not less than two minutes remaining on the clock, and are to be lined up to cheer with one minute remaining.
5. Cheerleaders may ride home with their own parents/guardians only if their parent/guardian is present at the event and personally hands the coach a travel release.