

## Cheerleader's Contract

I understand that I represent my school and I need to present a mature and positive image at all times. This applies to my conduct and speech. Therefore, I will refrain from using curse words or vulgar speech in person or on the computer, text, facebook, etc. I will also be respectful and kind with my actions.

I will attend all practices and games unless my absence is approved by the coach in advance.

I will enthusiastically participate in whatever performance is deemed necessary by the coach, even if I do not particularly like the routine, song or idea.

I understand that working this closely with other girls, there may be disagreements, drama and offenses. I agree to meet these difficulties by not talking about the problem with others. Instead I will go to the person who offended me or whom I offended and privately discuss the issue calmly. I will convey how I feel and how I wish the disagreement to be resolved. If I cannot work it out privately, I will only tell my coach. The coach will meet with both parties to work out the offense. If the offense still cannot be worked out, the coach will involve the principal or other authority figure. I understand this is the only way problems are allowed to be addressed. I will not discuss the issue with other students. If the problem persists or I do not follow these guidelines I realize that I may be benched until a suitable agreement may be reached. I understand that it is of vital importance that the cheerleading team presents a mature and positive image to be an example for the student body. This is especially true in the area of relationships and getting along with others. Cheerleaders have the power to be an example of working things out in the proper way and influencing the whole school by encouraging students to always think the best of others and to work out problems in a timely and mature manner.

I will make sure the coach is aware of any physical issue that I have that may affect my cheerleading. For example, I will inform the coach if I have weak ankles. I will then willingly comply with recommendations the coach makes such as wearing an ankle brace to practice and games.

I understand that I must qualify academically to participate.

I understand that I must get a physical and have health insurance.

I understand that I must participate in 15 conditioning practices before I may cheer at a game.

I understand that there may be expenses, and I must try to purchase whatever is necessary. But, if I am unable to afford what is required, I will discuss it with the coach immediately.

I \_\_\_\_\_ agree to follow all the above rules and comply with any consequences of any violation.

\_\_\_\_\_(student signature)

I give my child permission to be a cheerleader/mascot. I have read and understand the constitution and the handbook and I will see that these rules and regulations are carried out. When questions arise, I will contact the coach for clarification. I agree that my child will participate in all responsibilities listed. I may be contacted at the following numbers: \_\_\_\_\_

cell \_\_\_\_\_ other

Address \_\_\_\_\_

Emergency contact \_\_\_\_\_ name \_\_\_\_\_ number

In the event of an emergency, I hereby grant permission to the school and to its employees to take whatever action is deemed necessary. In the event that I cannot be reached, I hereby authorize the school and /or its employees to give consent for my child \_\_\_\_\_ to receive medical treatment.

Parent signature \_\_\_\_\_

Insurance information \_\_\_\_\_

Medical information to know about my child at a moments notice (allergies, etc.)

---

I will do all I can to see that my child has a ride to and from activities. In the event that a ride is not available, I give my permission for my child to be transported by Missy McCoskey, the cheer coach. I understand that Ms. McCoskey will demand that my child wear a seat belt. If there are too many to transport in her vehicle, she will not transport anyone.

\_\_\_\_\_ ( parent or guardian signature)